## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person <sup>*</sup><br>TOTH ROBERT  |   |  |        |            | 2. Issuer Name and Ticker or Trading Symbol<br>MANNATECH INC [ MTEX ] |  |   |     |   |   |                    |  |           |                                      | 5. Relationship of Reporting Person(s) to Issuer<br>(Check all applicable)<br>X Director 10% Owner |   |                  |  |  |  |
|--|---|--|--------|------------|---|--|---|-----|---|---|--------------------|--|-----------|--------------------------------------|--|---|------------------|--|--|--|
| (Last)   |   |  |        |            |   | 3. Date of Earliest Transaction (Month/Day/Year)<br>12/21/2015 |   |     |   |   |                    |  |           |                                      |  | Officer (give title below)                                |                  | Other (specify<br>below)   |  |  |
| 600 S. ROYAL LANE, SUITE 200   |   |  |        |            | 4. If Amendment, Date of Original Filed (Month/Day/Year)              |  |   |     |   |   |                    |  |           |                                      | 6. Individual or Joint/Group Filing (Check Applicable Line)  |   |                  |  |  |  |
| (Street)   |   |  |        |            |   |  |   |     |   |   |                    |  |           | X Form filed by One Reporting Person |  |   |                  |  |  |  |
| COPPELL TX 75019   |   |  |        |            |   |  |   |     |   |   |                    |  |           |                                      | Form filed by<br>Person  | More t  | than One Rep     | orting   |  |  |
| (City) (State) (Zip)   |   |  |        |            |   |  |   |     |   |   |                    |  |           |                                      |  |   |                  |  |  |  |
| Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned   |   |  |        |            |   |  |   |     |   |   |                    |  |           |                                      |  |   |                  |  |  |  |
| 1. Title of Security (Instr. 3) 2. Transacti<br>Date<br>(Month/Day   |   |  |        |            | /Year) Execu  |  | Deemed<br>sution Date,<br>y<br>nth/Day/Year)  |     | Transaction I   |   |                    | 4. Securities Acquired (<br>Disposed Of (D) (Instr. 3<br>and 5)  |           |                                      | S<br>B<br>O  | Amount of<br>ecurities<br>eneficially<br>wned<br>ollowing | F<br> ([<br>  Ir | . Ownership<br>Form: Direct<br>D) or<br>ndirect (I)<br>Instr. 4)     | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4)  |  |
|  |   |  |        |            |   |  |   |     | Code  | v | Amount             | (A<br>(D   | ) or<br>) | Price                                | R  | eported<br>ransaction(s)<br>nstr. 3 and 4)                |                  |  | (11501: 4)   |  |
| Common Stock, par value \$0.0001 per 12/21/2   |   |  |        |            | 015   | 15   |   |     | Α   |   | 1,844              |  | A         | \$18.                                | 98   | 3 55,844  |                  | D  |  |  |
| Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned   (e.g., puts, calls, warrants, options, convertible securities) |   |  |        |            |   |  |   |     |   |   |                    |  |           |                                      |  |   |                  |  |  |  |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)  | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction<br>Date<br>(Month/Day/Year) | if any | tion Date, | 4.<br>Transaction<br>Code (Instr.<br>8)                               |  | 5. Number<br>of<br>Derivative<br>Securities<br>Acquired<br>(A) or<br>Disposed<br>of (D)<br>(Instr. 3, 4<br>and 5) |     | 6. Date Exercis:<br>Expiration Date<br>(Month/Day/Yea |   | te                 | 7. Title and<br>Amount of<br>Securities<br>Underlying<br>Derivative<br>Security (Instr.<br>3 and 4)<br>Amour<br>or |           |                                      | 8. Pric<br>of<br>Deriva<br>Securi<br>(Instr.   | tive Securitie<br>ty Benefici                             | e<br>sally<br>g  | Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr.<br>4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |  |
|  |   |  |        |            | Code  | v  | (A)   | (D) | Date<br>Exercisa                                      |   | Expiration<br>Date | Title  |           | nber<br>ires                         |  |   |                  |  |  |  |

Explanation of Responses:

1. One-third of the stock vests on January 4, 2016, another one-third of the stock vests on January 4, 2017, and the remaining one-third of the stock vests on January 4, 2018. **Remarks:** 

/s/ Diane Barton, Assistant Controller by Power of Attorney

01/29/2016

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.