UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549 FORM 4 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP ( ) Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instructions 1(b). 1. Name and Address of Reporting Person Zimmerman, Jules 20 West 64 Street Apt 25F New York, NY 10023 USA 2. Issuer Name and Ticker or Trading Symbol

- Mannatech, Incorporated MTEX
- 3. IRS or Social Security Number of Reporting Person (Voluntary)
- 4. Statement for Month/Year 12/06/2001
- 5. If Amendment, Date of Original (Month/Year)
- 6. Relationship of Reporting Person(s) to Issuer (Check all applicable) (X) Director ( ) 10% Owner ( ) Officer (give title below) ( ) Other (specify below)

Co-Chairman of the Board of Directors

- 7. Individual or Joint/Group Filing (Check Applicable Line)
  - (X) Form filed by One Reporting Person
  - ( ) Form filed by More than One Reporting Person

1. Title of Security	2.  3.  4.Securities Acc	quired (A)	5.Amount of	6.Dir  7.Nature of Indirect
	Transaction   or Disposed of	f (D)	Securities	ect   Beneficial Ownership
			Beneficially	(D)or
		A/	Owned at	Indir
	Date  Code V  Amount	D   Price	End of Month	ect(I)

1.Title of Derivative	2.Con-	13.	4.	- 1	5.Number o	f De	6.Dat	e Exer	7.Title	and Amount	8.Pric	e 9.Number	10. 11.Nature
Security	version	Trans	actio	n	rivative :	Secu	cisab	le and	of Und	derlying	of Der	i of Deriva	Dir Indirect
	or Exer	1	1	- 1	rities Acc	qui	Expir	ation	Secur	ities	vative	tive	ect Beneficial
	cise	1	1	- 1	red(A) or	Dis	Date(	Month/			Secu	Securities	(D) Ownership
	Price of	1	1		posed of (	))	Day/Y	ear)			rity	Benefi	or
	Deriva-		1				Date	Expir			1	ficially	Ind
	tive		1			A/	Exer-	ation	Title	e and Numbe	er	Owned at	ire
	Secu-	1	1	1 1		D	cisa-	Date	of Sl	hares	I	End of	ct
	rity	Date	Code	!   V	Amount	1	ble	I	l		I	Month	(I)
light to buy stock opt	I\$1.35	11/1/		1 1	18,587	I A	11/1/	110/31	Common s	stock 18,58	87  \$1.35	168,587	ID I
on	i	12001	i	i i	.,	i			, par va		i	i	i i
	i	i	i	i i		i	i		\$0.0001		i	i	i i
	i	i	i	i i		i	i	i	share	1	i	i	i i

Explanation of Responses: SIGNATURE OF REPORTING PERSON /s/ Jules Zimmerman DATE 12/06/2001