FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Check this box if no longer subject to Section 16. Form 4 or Form 5	STATEMENT OF CHANGE
obligations may continue. See	
Instruction 1(b).	Filed pursuant to Section 2

GES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

SINNO (Last) 600 S. RO	500 S. ROYAL LANE					Issuer Name and Ticker or Trading Symbol MANNATECH INC [MTEX] Date of Earliest Transaction (Month/Day/Year) 07/11/2013								5. Relationship of Reportii (Check all applicable) Director X Officer (give title below)			g Person(s) to Issuer 10% Owner Other (specify below) & CSO		
(Street) COPPEL (City)	L T		75019 (Zip)		4. If	Amend	dment,	Date	of Original Filed (Month/Day/Year)					Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/					Execution Date,		ate,	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 a			nd 5) Secur Benef		icially d Following	6. Owner Form: D (D) or In (I) (Instr	irect direct	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	(A) or (D)	Price		Trans	action(s) 3 and 4)			(11150.4)
Common Stock, Par Value \$0.0001 per share 07/11/20:					013	13			P		1,050	A	\$11.4	52 ⁽²⁾	2,375		I		By wife as custodian for sons ⁽¹⁾
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)			Transa Code (8)	Instr. Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Expira (Month	tion Da n/Day/\	Year) Securities Underlying Derivative Security (Instr. 3 and 4) Amount or		t of ies ving ive y (Instr. 3 Amount or Number of	-		9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owr Fori Dire or Ir (I) (I	ership n: ct (D) direct nstr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			

Explanation of Responses:

Remarks:

/s/ S. Mark Nicholls Chief Financial Officer, by Power of 07/11/2013 <u>Attorney</u>

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{1.} This transaction involved a purchase of securities by the reporting person for the accounts of his three sons, all three of whom share the reporting person's household. The securities are owned by the reporting person's wife as custodian for his sons. The reporting person disclaims beneficial ownership of these shares, and this report shall not be deemed an admission that the reporting person is the beneficial owner of these shares for purposes of Section 16 or for any other purposes.

^{2.} The price reported in Column 4 is a weighted average price. These shares were purchased in multiple transactions at prices ranging from \$11.410 to \$11.459, inclusive. The reporting person undertakes to provide Mannatech, Incorporated, any security holder of Mannatech, Incorporated, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares purchased at each separate price within the ranges set forth in this Form 4.