SEC	Form	4
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

	Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

OMB APPROVAL									
OMB Number:	3235-0287								
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hours per response	0.5								

					01	Jecu	011 30(11)		investment		IIPally Act	011940						
1. Name and Address of Reporting Person* O'Day Terence L					2. Issuer Name and Ticker or Trading Symbol <u>MANNATECH INC</u> [MTEX]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) 600 S. ROYAL LANE, SUITE 200					3. Date of Earliest Transaction (Month/Day/Year) 02/26/2008								X b	officer (elow)	(give title		(specify)	
(Street) COPPEI	(Street) COPPELL TX 75019				= 4. l	4. If Amendment, Date of Original Filed (Month/Day/Year)							. Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting					
(City)	(S	tate)	(Zip)		-									Person				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
Date					action 2A. Deemed Execution Date, if any (Month/Day/Year)		Code (I					and Securit Benefic Owned		s F ally (ollowing (6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership		
								Code	v	Amount	(A) or (D) P		Tra	Reported Transaction(s) Instr. 3 and 4)			(Instr. 4)	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security 3. Transaction Date (Month/Day/Year) 3A. Deem Execution if any (Month/Day/Year)		Date,	ate, Transactio Code (Inst		on of I		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price Deriva Securi (Instr. 5	ative derivative rity Securities		Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	Beneficial Ownership (Instr. 4)			
			Code	v	(A)	(D)	Date Exercisable		xpiration ate	Title	Amount or Number of Shares							
Right to purchase common stock	\$6.39	02/22/2008	02/22/2	2008	А		6,000		02/22/2009	0	2/21/2018	common stock, par value \$0.0001	6,000	\$6.3	9	53,000	D	

Explanation of Responses:

commor stock

/s/ Terence L. O'Day

per share

02/26/2008

Date

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.