FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* SINNOTT ROBERT A						2. Issuer Name <b>and</b> Ticker or Trading Symbol MANNATECH INC [ MTEX ]									heck	all app	olicable) ctor	10	erson(s) to Issuer  10% Owner  Other (specify		
(Last) (First) (Middle) 600 S. ROYAL LANE SUITE 200					3. Date of Earliest Transaction (Month/Day/Year) 03/31/2009										X Officer (give titl below)  Chief Science			below) Officer and SVP		` '	
(Street) COPPELL TX 75019 (City) (State) (Zip)					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									Indiv ne) X	Form Form	dual or Joint/Group Filing (Check Applicable  Form filed by One Reporting Person  Form filed by More than One Reporting  Person				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																					
1. Title of Security (Instr. 3)  2. Transac Date (Month/Da						Execution Date,					4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)				4 and Secu Bene Own		cially I Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
						Code	v	Amount	ount (A) or (D)		Price	- 1	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)				
Common Stock, Par Value \$0.0001 per share 03/31/2						2009			P		8,250		A	\$3.3	37 8,		3,250	I	a c f	By wife as custodian for sons <sup>(1)</sup>	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/Da	Date,	4. Transa Code ( 8)		5. Nu of Deriv Secul Acqui (A) on Dispo of (D) (Instr and 5	ative rities ired osed . 3, 4	Expiratio (Month/D	Date Exercisable and Expiration Date Month/Day/Year)  Date Expiratio			Amount of Securities Underlying Derivative Security (Instr. and 4)  Amount of Security (Instr. and 4)		nt er		9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owners Form: Direct ( or Indir (I) (Inst	hip   ( D) ( ect	11. Nature of Indirect Beneficial Ownership (Instr. 4)	

## **Explanation of Responses:**

1. This transaction involved a purchase of securities by the reporting person for the accounts of his three sons, all three of whom share the reporting person's household. The securities are owned by the reporting person's wife as custodian for his sons. The reporting person disclaims beneficial ownership of these shares, and this report shall not be deemed an admission that the reporting person is the beneficial owner of these shares for purposes of Section 16 or for any other purposes.

> Stephen D. Fenstermacher, CFO and Executive VP, by

04/01/2009

Power of Attorney

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.