SEC Form 4	
------------	--

 $\square$ 

### FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

# OMB APPROVAL OMB Number: 3235-0287 Estimated average burden

Estimated average burden		
hours per response:		0.5

1. Name and Address of Reporting Person <sup>*</sup> O'Day Terence L (Last) (First) (Middle) 600 S. ROYAL LANE, SUITE 200					<u>M</u> / 3. D	2. Issuer Name and Ticker or Trading Symbol <u>MANNATECH INC</u> [ MTEX ] 3. Date of Earliest Transaction (Month/Day/Year) 09/06/2007								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify below) Executive VP of Global Oper					
(Street) COPPEL (City)	L T2	X tate)	75019 (Zip)			4. If Amendment, Date of Original Filed (Month/Day/Year)								<ul> <li>6. Individual or Joint/Group Filing (Check Applicable Line)</li> <li>X Form filed by One Reporting Person</li> <li>Form filed by More than One Reporting Person</li> </ul>					
Table I - Non-Deriva       1. Title of Security (Instr. 3)       2. Transa Date (Month/D)				action	ay/Year) (Month/Day/Year)			3. Transactio Code (Ins 8)	on E tr. 5	5) (A) or			5. Amount of Securities Beneficially Owned Following Reported Transaction(c)		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
	Code       V       Amount       (A) of (D)       Price       Italisaction(s) (Instr. 3 and 4)         Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)       Italisaction(s)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Conversion Date Execution Date, 1 or Exercise (Month/Day/Year) if any C Perice of Derivative (Month/Day/Year) 8		ransaction code (Instr. ) Securiti Acquire (A) or Dispose of (D) (Ii			Derivative (Month/Day Securities Acquired		ate Amount of		of S Ig Ə	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e S Ily I	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
					Code	v	(A)	(D)	Date Exercisable	Ex; Dat	piration te	Title	Amount or Number of Shares						
Right to purchase common stock	\$7.31	09/06/2007	09/06/20	07	A		16,000		09/06/2008	09/	/05/2017	common stock, par value \$0.0001 per share	16,000	\$7.31	47,00	0	D		

Explanation of Responses:

#### /s/ Terence L. O'Day

09/07/2007 Date

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.