FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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OMB APPROVAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB Number:	3235-0287							
l	Estimated average burden								
I	hours per response.	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* TOTH ROBERT					2. Issuer Name and Ticker or Trading Symbol MANNATECH INC [MTEX]								(Ch	Relationshi eck all app X Direct	olicable)	g Person(s) to I	ssuer Owner	
(Last) (First) (Middle) 600 S. ROYAL LN SUITE 200						3. Date of Earliest Transaction (Month/Day/Year) 12/04/2014									Offic belo	er (give title w)	Other below	(specify
(Street) COPPELL TX 75019 (City) (State) (Zip)						4. If Amendment, Date of Original Filed (Month/Day/Year)							Lin	e) <mark>X</mark> Forr Forr	vidual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person			
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da						Execution Date,		3. Transaction Code (Instr. 3, 8) 4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)				Secur Benef	rities F ficially (I ed Following (I	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership			
									Code	v	Amount (A		or	Price	Trans	action(s) 3 and 4)		(Instr. 4)
Common stock, par value \$0.0001 per share 12/04/.						2014		A		1,000 A		\$26.8	8 4	7,000	D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Date,	4. Transaction Code (Instr. 8)		ı of l		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		etr. 3	8. Price of Derivative Security Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code V (A) (D)		(D)	Date Exercisa		Expiration Date	Title	Num of Shar						

Explanation of Responses:

Remarks:

/s/ S. Mark Nicholls, CFO by Power of Attorney

12/04/2014

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.