

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

FORM 4

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

() Check this box if no longer subject to Section 16.

Form 4 or Form 5 obligations may continue. See Instructions 1(b).

1. Name and Address of Reporting Person

Tysinger, Cynthia L.
 600 S. Royal Lane, Suite 200
 Coppell, TX 75019
 USA

2. Issuer Name and Ticker or Trading Symbol

Mannatech, Incorporated
 MTEX

3. IRS or Social Security Number of Reporting Person (Voluntary)

4. Statement for Month/Year

12/06/2001

5. If Amendment, Date of Original (Month/Year)

6. Relationship of Reporting Person(s) to Issuer (Check all applicable)

() Director () 10% Owner (X) Officer (give title below) () Other
 (specify below)

Chief Information Officer and Vice President

7. Individual or Joint/Group Filing (Check Applicable Line)

(X) Form filed by One Reporting Person

() Form filed by More than One Reporting Person

Table I -- Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security	2. Transaction Date	3. Transaction Code	4. Securities Acquired (A) or Disposed of (D)	5. Amount of Securities Beneficially Owned at End of Month	6. Director or Indirect Beneficial Ownership	7. Nature of Indirect Beneficial Ownership
			A/ D	Price		

Table II -- Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Derivative Security	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date	4. Transaction Code	5. Number of Derivative Securities Acquired (A) or Disposed of (D)	6. Date Exercised (Month/Day/Year) or Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities	8. Price of Derivative Security	9. Number of Derivative Securities	10. Director or Indirect Beneficial Ownership	11. Nature of Indirect Beneficial Ownership
				A/ D	A/ D	Title and Number of Shares				

Right to buy stock option	\$2.69	11/01/2001	A	25,000	11/01/2001	Common stock, par value \$0.0001 per share	25,000	\$2.69	50,625	D
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Explanation of Responses:

SIGNATURE OF REPORTING PERSON

/s/ Cynthia L. Tysinger

DATE

12/06/2001