FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPRO	VAL				
	OMB Number:	3235-0287				
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l	hours per response:	0.5				

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* SIMON BETTINA S						2. Issuer Name and Ticker or Trading Symbol MANNATECH INC [MTEX]									Check	all app Direc	licable)	g Person(s) to Is	Owner	
(Last) 600 S. R		3. Date of Earliest Transaction (Month/Day/Year) 10/24/2005										X	belov	v)	Other (specify below) sel and Sr VP					
(Street) COPPELL TX 75019					4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(St		(Zip)														-			
			le I - No			_			_	Dis	posed o									
1. Title of S	2. Transaction Date (Month/Day/Yea		Execution Date,		3. Transa Code (1 8)		4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4				nd 5)	5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)						
							Code	v	Amount		(A) or (D)	Price		Transaction(s) (Instr. 3 and 4)			(111511.4)			
Common	stock, \$0.00	001 per share		10/19/2005		1	10/19/2005		S		1,000		D	\$9.9219		8,000		D		
Common	stock, \$0.00	10/19/	10/19/2005		10/19/2005		S		2,000		D	\$9.96		8,000		D				
Common	stock, \$0.00		10/19/2005]	10/19/2005		S		1,000		D	\$9.9323		8,000		D			
Common	stock, \$0.00		10/19/2005		1	10/19/2005		S		3,000		D	\$10		8,000		D			
Common	stock, \$0.00	10/19/2005		1	10/19/2005		S		1,000		D	D \$9.92		8,000		D				
Common	stock, \$0.00		10/19/	10/19/2005		10/19/2005		S		2,000		D \$9.8952		952	8,000		D			
Common	10/19/	10/19/2005		10/19/2005		S		1,000		D	\$9.9		8,000		D					
Common	stock, \$0.00	10/19/2005		10/19/2005		S		1,000		D	\$9.9239		8,000		D					
		Ta						•	,		sed of, onvertib				•	ned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deen Executio if any (Month/D	ned n Date,	4. Transacti Code (Ins		5. Nu of Deriv Secu Acqu (A) o Disp of (D (Instrand!		xerci	sable and e	7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		nstr. 3	8. Pri	ivative curity str. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction((Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	of	mber ares						

Explanation of Responses:

/s/ Bettina S. Simon

10/25/2005

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.