

Item 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

On January 8, 2024, Mannatech, Incorporated (the "Company") and its Board of Directors (the "Board") were notified by David A. Johnson, the Company's Chief Financial Officer ("CFO"), of his resignation from his position effective January 22, 2024.

Landen Fredrick, the Company's President and Chief Operating Officer, will serve as the CFO until such time as a permanent CFO is hired by the Company. Landen Fredrick, age 51, has served as President and Chief Operating Officer since June 7, 2023. He is the son of J. Stanley Fredrick, the Chairman of the Board and a major shareholder. He previously served as the Company's Chief Sales and Marketing Officer, Global Chief Sales Officer and President, North America. Mr. Fredrick joined Mannatech in 2006 and has played a key role in developing and driving systems to create efficiencies for the Company. Mr. Fredrick is also the chairman of the M5M Foundation, a non-profit organization benefiting children in need (the "M5M Foundation"). As disclosed in the Company's definitive proxy statement filed with the Securities and Exchange Commission on April 27, 2023 (the "2023 Proxy Statement"), the Company made cash donations of \$0.6 million to the M5M Foundation for the year ended December 31, 2022. In 2023, the Company made cash donations of approximately \$0.5 million to the M5M Foundation. Mr. Fredrick served as a member of the Board of Directors of the Direct Selling Association from June 2015 to June 2018. Mr. Fredrick owned a web and advertising business, Killian Fredrick, from 2001 to 2006. Mr. Fredrick earned a BA from Abilene Christian University in 1995 and his MBA from Amber University in 1997. There are no other arrangements between Mr. Fredrick and any other person pursuant to which Mr. Fredrick was selected as CFO. As of the date of this filing, no changes have been made to Mr. Fredrick's compensation.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: January 12, 2024

MANNATECH, INCORPORATED

By: /s/ Alfredo Bala

Alfredo Bala

Chief Executive Officer