FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPI	ROVAL						
OMB Number: 3235-01							
Estimated average burden							
hours per response:	0.5						

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

O'Day Terence L			. Date of Event Requiring Stater Month/Day/Yea 16/27/2006	nent -	3. Issuer Name and Ticker or Trading Symbol MANNATECH INC [MTEX]						
(Last) 600 S. ROYA	(First) L LANE, SUIT	(Middle)	,		I. Relationship of Reporting Perso Check all applicable) Director	n(s) to Issue 10% Owne	(Mor	. If Amendment, Date of Original Filed Month/Day/Year)			
					X Officer (give title below)	Other (spe		ndividual or Joint/Group Filing (Check olicable Line)			
(Street) COPPELL	TX	75019			Executive VP of Glo	bal Oper	X		y One Reporting Person y More than One erson		
(City)	(State)	(Zip)									
Table I - Non-Derivative Securities Beneficially Owned											
1. Title of Security (Instr. 4)					eneficially Owned (Instr. 4)	3. Ownersh Form: Direct or Indirect ((Instr. 5)	t (D) (Instr	4. Nature of Indirect Beneficial Ownership (Instr. 5)			
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)											
1. Title of Derivative Security (Instr. 4)		2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		4. Conversion or Exercise Price of	5. Ownership Form: Direct (D)	6. Nature of Indirect Beneficial Ownership (Instr. 5)			
			Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Derivative Security	or Indirect (I) (Instr. 5)			
Right to buy co	ommon stock		06/27/2007	06/26/2016	common stock, \$0.0001 par value per share	25,000	11.16	D			

Explanation of Responses:

Remarks:

Mr. O'Day was hired on 6/27/06 as Mannatech's Executive Vice President of Global Operations

<u>/s/ Terrance L. O'Day</u> <u>06/29/2006</u>

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 5 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.