SEC Form 4	
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL										
OMB Number:	3235-0287									
Estimated average bu	irden									
hours per response:	0.5									

1. Name and Ad JOBE LAF	dress of Reporting <u>RY A</u>	Person*	2. Issuer Name and Ticker or Trading Symbol <u>MANNATECH INC</u> [MTEX]		ationship of Reporting P < all applicable) Director	erson(s) to Issuer 10% Owner		
(Last) (First) (Mid 600 S ROYAL LN #200		(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 04/03/2014		Officer (give title below)	Other (specify below)		
			4. If Amendment, Date of Original Filed (Month/Day/Year)		6. Individual or Joint/Group Filing (Check Applic			
(Street) COPPELL	TX	75019		Line)	Form filed by One Re Form filed by More th Person			
(City)	(State)	(Zip)			Person			

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code (8)					5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1130.4)
Common stock, Par value \$0.0001 per share	04/03/2014		Р		5,000	A	\$18.118 ⁽¹⁾	30,000	D	
Common stock, Par value \$0.0001 per share	04/03/2014		М		3,333	A	\$5.19	33,333	D	
Common stock, Par value \$0.0001 per share	04/03/2014		М		1,666	A	\$5.72	34,999	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

	(e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Transaction Code (Instr. 1 8)		Transaction Code (Instr				Expiration Date (Month/Day/Year)		Expiration Date		Expiration Date		7. Title an Amount o Securities Underlyin Derivative (Instr. 3 ar	f g Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares										
Right to Purchase Common Stock	\$5.19	04/03/2014		М			3,333	(2)	05/29/2022	Common Stock, Par Value \$0.0001 Per Share	5,000	\$0	1,667	D							
Right to Purchase Common Stock	\$5.72	04/03/2014		М			1,666	(3)	02/21/2023	Common Stock, Par Value \$0.0001 Per Share	5,000	\$0	3,334	D							

Explanation of Responses:

1. The price reported in Column 4 is a weighted average price. These shares were purchased in multiple transactions at prices ranging from \$17.76 to \$18.20, inclusive. The reporting person undertakes to provide Mannatech, Incorporated, any security holder of Mannatech, Incorporated, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares purchased at each separate price within the ranges set forth in this footnote of this Form 4.

2. One-third of the stock options vest on the date of grant (May 30, 2012), another one-third of the stock options vest on the first anniversary of the date of grant, and the remaining one-third of the stock options vest on the second anniversary of the date of grant.

3. The options vest in three equal annual installments beginning February 21, 2014.

Remarks:

/s/ S. Mark Nicholls, CFO by Power of Attorney

<u>04/03/2014</u>

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.