FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPRO	DVAL				
	OMB Number:	3235-0287				
	Estimated average burd	en				
l	hours per response:	0.5				

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

JOBE I	nd Address of	<u>M</u> /	Issuer Name and Ticker or Trading Symbol     MANNATECH INC [ MTEX ]      Date of Earliest Transaction (Month/Day/Year)										eck all appli X Directo	or (give title		oon(s) to Iss 10% Ov Other (s below)	ner			
(Last) (First) (Middle) 600 S ROYAL LN #200						02/21/2013										,			,	
(Street) COPPELL TX 75019 (City) (State) (Zip)					4. If Amendment, Date of Original Filed (Month/Day/Year)										Line	x  X  Form filed by More than One Reporting Person  Form filed by More than One Reporting Person				
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3)  2. Transac Date (Month/Date)						Execution Dat			Code (Instr.							Benefici	es ally Following	Form (D) or	: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
										Code	v	Amount	(A) or (D) Pr		Price	Transac	Transaction(s) (Instr. 3 and 4)			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned  (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	Conversion Date Execution Date, or Exercise (Month/Day/Year) if any			1. Fransac Code (I 3)		of Deriv Secu Acqu (A) of Disp of (D	osed )) r. 3, 4	Expi	6. Date Exercisable a Expiration Date (Month/Day/Year)			e and 7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	Ownershi Form: Direct (D) or Indirec (I) (Instr. 4		Beneficial Ownership (Instr. 4)	
				C	Code	v	(A)	(D)	Date Exer	e rcisable		opiration	Title	OI No of	umber					
Right to Purchase Common Stock	\$5.72	02/21/2013			A			5,000		(1)	02	2/21/2023	Commo Stock Par Value \$0.000 per sha	5	5,000	\$0	5,000		D	

## Explanation of Responses:

1. The options vest in three equal annual installments begining February 21,2014.

## Remarks:

/s/ S. Mark Nicholls, CFO, by Power of Attorney

03/06/2013

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.