## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

TATEMENIT	OF CHANCES	IN BENEFICIAL	OWNEDCHID
IAIEWENI	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPRO	VAL			
OMB Number:	3235-0287			
Estimated average burd	en			
hours per response:	0.5			

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  ROBBINS MARLIN RAY				2. Issuer Name <b>and</b> Ticker or Trading Symbol  MANNATECH INC [ MTEX ]									(Ch	eck all applic	cable)	10% Owner				
(Last) 600 S R	(Last) (First) (Middle) 600 S ROYAL LN #200					3. Date of Earliest Transaction (Month/Day/Year) 02/20/2014										Officer (give title Other (specification) below)				pecify
(Street) COPPEL (City)			75019 (Zip)		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								Line	Individual or Joint/Group Filing (Check Applicable ine)  X Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Tab	le I - Non-			_			<u> </u>		Disp		<u> </u>			ly Owned				
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da					Execution Date,		,	, Transaction Dispose Code (Instr. 5)		4. Securi Disposed 5)				Benefici	es ally Following	Form: Direct (D) or Indirect		7. Nature of Indirect Beneficial Ownership Instr. 4)		
									Code	v	Amount	(A) or (D) Pr		Price	Transact (Instr. 3	tion(s)			instr. 4)	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	Execution Date, Transac		ction of E			6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownersh Form: y Direct (D or Indirec (I) (Instr.		Beneficial Ownership (Instr. 4)	
				c	ode	v	(A)	(D)	Dat Exe	te ercisable		xpiration ate	Title	or Nu of	nount imber ares					
Right to Purchase Common Stock	\$19.6	02/20/2014			A		5,000			(1)	02	2/19/2024	Comm Stock Par Valu \$0.000 Per Shar	e 01 5	,000	\$0	5,000		D	

## **Explanation of Responses:**

1. One-third of the stock options vest on the date of grant, another one-third of the stock options vest on the first anniversary date of the grant, and the remaining one-third of the stock options vest on the second anniversary date of the grant.

## Remarks:

/s/ S. Mark Nicholls CFO, by 02/24/2014 Power of Attorney

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.