UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

SCHEDULE 14A

Proxy Statement Pursuant to Section 14(a) of the Securities Exchange Act of 1934 (Amendment No.)

Filed	l by the	Registrant x		
Filed	l by a Pa	arty other than the Registrant \square		
Chec	ck the ap	ppropriate box:		
□ x	Definiti Definiti	nary Proxy Statement ive Proxy Statement ive Additional Materials ng Material Pursuant to §240.14a-12		Confidential, for Use of the Commission Only (as permitted by Rule $14a\text{-}6(e)(2)$)
		Mannatech,		-
		(Name of Registrant as	-	·
		(Name of Person(s) Filing Proxy St	atem	ent, it other than the Registrant)
Payn		Filing Fee (Check the appropriate box):		
X	No f	fee required.		
o Fee computed on table below per Exchange Act Rules 14a-6(i)(4) and 0-11.				1.
	(1)	Title of each class of securities to which transaction applies:		
	(2)	Aggregate number of securities to which transaction applies:		
	(3)	Per unit price or other underlying value of transaction comput filing fee is calculated and state how it was determined):	ed pui	rsuant to Exchange Act Rule 0-11 (set forth the amount on which the
	(4)	Proposed maximum aggregate value of transaction:		
	(5)	Total fee paid:		
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0		ck box if any part of the fee is offset as provided by Exchange A riously. Identify the previous filing by registration statement nun		le 0-11(a)(2) and identify the filing for which the offsetting fee was paid or the Form or Schedule and the date of its filing.
	(1)	Amount Previously Paid:		
	(2)	Form, Schedule or Registration Statement No.:		
	(3)	Filing Party:		
	(4)	Date Filed:		

*** Exercise Your Right to Vote *** Important Notice Regarding the Availability of Proxy Materials for the Shareholder Meeting to Be Held on June 23, 2020

MANNATECH, INCORPORATED

MANNATECH. 1410 Lakosido Parkway

Meeting Information

Meeting Type: Annual Meeting For holders as of: April 24, 2020

Date: June 23, 2020 Time: 9:00 AM CDT

Location: Meeting live via the Internet - please visit www.virtualshareholdermeeting.com/MTEX2020

You are receiving this communication because you hold shares in the above named company.

This is not a ballot. You cannot use this notice to vote these shares. This communication presents only an overview of the more complete proxy materials that are available to you on the Internet. You may view the proxy materials online at www.proxyvote.com or easily request a paper copy (see reverse side).

We encourage you to access and review all of the important information contained in the proxy materials before voting.

See the reverse side of this notice to obtain proxy materials and voting instructions.

Proxy Materials Available to VIEW or RECEIVE:

1. Notice & Proxy Statement 2. Annual Report

How to View Online:

How to Request and Receive a PAPER or E-MAIL Copy:
If you want to receive a paper or e-mail copy of these documents, you must request one. There is NO charge for requesting a copy. Please choose one of the following methods to make your request:

2) BYTELEPHONE: 1-800-579-1639 sendmaterials to the state of the state

sendmaterial@proxyvote.com

If requesting materials by e-mail, please send a blank e-mail with the information that is printed in the box marked by the arrow \rightarrow xxxx xxxx xxxx xxxx (located on the following page) in the subject line.

Requests, instructions and other inquiries sent to this e-mail address will NOT be forwarded to your investment advisor. Please make the request as instructed above on or before June 09, 2020 to facilitate timely delivery.

— How To Vote -

Please Choose One of the Following Voting Methods

Vote In Person: Many shareholder meetings have attendance requirements including, but not limited to, the possession of an attendance ticket issued by the entity holding the meeting. Please check the meeting materials for any special requirements for meeting attendance. At the meeting, you will need to request a ballot to vote these shares

Vote By Internet: To vote now by Internet, go to www.proxyvote.com. Have the information that is printed in the box marked by the arrow \longrightarrow xxxx xxxx xxxx xxxx available and follow the instructions.

Vote By Mail: You can vote by mail by requesting a paper copy of the materials, which will include a proxy card.

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Voting items

The Board of Directors recommends you vote FOR the following:

1. Election of Directors

Nominees

01 Robert A. Toth

The Board of Directors recommends you vote FOR proposals 2 and 3.

- 2. To ratify the appointment of BDO USA, LLP as our independent registered public accounting firm, for the year ending December 31, 2020.
- 3. To approve on an advisory basis executive compensation ("Say-on-Pay").

NOTE: The shares represented by this proxy, when properly executed, will be voted in the manner directed herein by the undersigned Shareholder(s). If no direction is made, this proxy will be voted FOR proposals 1, 2 and 3. If any other matters properly come before the meeting, or if cumulative voting is required, the person named in this proxy will vote in his discretion.